

COLONOSCOPY PREP – Half Lytely

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure. On the day of your procedure, _____, please arrive at the designated area at _____.
 - Memorial Hermann Sugar Land Ambulatory Surgery Center (ASC)
 - Sugar Land Surgical Hospital
 - Other _____
- Because you will be receiving conscious sedation, please make arrangements for someone to be responsible for driving you home after your procedure.
- ***Because you will be receiving conscious sedation that can impair your memory and the fact that we do not receive Pathology results until the business day after your procedure, please contact our office 2 business days following your procedure to obtain results.***
- **Clear Liquids** permitted the day before your procedure: Broth, Bouillon, Jell-o, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- **Medications the day of the Procedure**
 - If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a **small** sip of water. All other medication can be taken later in the day after the procedure.
 - For diabetic patients: No diabetes meds pm before or am on day of procedure.
 - If you are on blood thinner medication: _____

Half-Lytely Prep

- Clear Liquids from the time you wake up on _____.
- **Noon:** Swallow 1 Bisacodyl tablet with water at noon on _____.
- Do not chew or crush the tablet. Do not take antacids one hour prior to swallowing the tablet.
- Mix Half Lytely as directed. You can mix this in the morning or at noon and put in the refrigerator to chill it. If you prefer, this solution can be used at room temperature. (You can use Crystal light to flavor)
- **6:00 pm:** Six hours from the time you swallow the tablets, start drinking Half-Lytely, eight oz. glass every 10 minutes until gone. Make sure to drink all the solution. You may go back to clear liquids until midnight.
- **Nothing** by mouth after midnight.