

Date of Procedure _____ Arrival Time: _____

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure.
 - Memorial Hermann Sugar Land Ambulatory Surgery Center (ASC)
 - Memorial Hermann Surgical Hospital First Colony
 - Other _____

Because you will be receiving sedation with anesthesia that can impair your memory and the fact that we do not receive Pathology results until two business days after your procedure, please contact our office two business days following your procedure to obtain results.

Medications the day of the Procedure

- If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a small sip of water. All other medication can be taken later in the day after the procedure.
- For diabetic patients:

- If you are on blood thinner medication:

- **Clear liquids ONLY two days before _____ and day before _____.** Clear Liquids permitted the 2 days before your procedure: Broth, Boullion, Jell-o, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- On day before _____ at 7:00 pm, drink one bottle of Magnesium Citrate ****This can be purchased over the counter at your local Pharmacy****

Day before procedure(Day 2) _____

Select & follow one of the following preps on the next page

_____ **MoviPrep** (Kit contains 1 disposable container, 2 Pouch A's & 2 Pouch B's)

- Clear Liquids from the time you wake up the day **before** the procedure

STEP ONE

On _____ at noon - Empty one **Pouch A** & one **Pouch B** into the disposable container. Fill the container to the top line with luke warm water. Mix it well. You may add any flavor of Crystal Light to flavor this solution/ **Chill prior to drinking.** *This reconstituted solution should be used within 24hours.*

STEP TWO

- At _____ pm Start drinking the MoviPrep Solution.
- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is complete.
- Drink an additional 16 oz. of the clear liquid of your choice.

****After completion, repeat STEP 1 and refrigerate for second dose.****

On _____, at _____ p. m. >
Repeat Step 2

****Nothing by mouth past midnight!****

_____ **SUPREP** (Kit contains 2-6oz bottles and a mixing container)

Day before the procedure _____ **at** _____ **pm**

- Step One : Pour one 6 oz. bottle of SUPREP liquid into mixing container
- Step Two: Add cool drinking water to the 16 oz.line on the container & mix.
- Step Three: You may add Crystal Light flavor. **Drink all liquid in container**
- Step Four: You **must** drink 2 more 16 oz. containers of water over the next hour.

Night before procedure _____ **at** _____ **pm**

- Repeat steps one through four using the other 6 oz. bottle.
- **Nothing by mouth past midnight**