



281-762-6300

Colonoscopy Prep

"If all Else Fails"

Date of Procedure _____ Arrival Time: _____

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure.
 - Memorial Hermann Sugar Land Hospital
 - Methodist Sugar Land Hospital
 - Sugar Land Surgical Hospital
 - Memorial Hermann Sugar Land Ambulatory Surgery Center (ASC)

Because you will be receiving anesthesia that can impair your memory and the fact that we do not receive Pathology results until two business days after your procedure, please contact our office two business days following your procedure to obtain results.

Medications the day of the Procedure

- If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a small sip of water. All other medication can be taken later in the day after the procedure.
- For diabetic patients:

- If you are on blood thinner medication:

- **Clear liquids ONLY on _____ and _____.** Clear Liquids permitted are: Water, Broth, Bouillon, Jell-o, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- On _____ at 7:00 pm, drink one bottle of Magnesium Citrate ***(This can be purchased over the counter at your local pharmacy)***
- On _____ follow the prep on the following page.

_____ **SUPREP** (Kit contains 2-6oz bottles and a mixing container)

Day before the procedure _____ at _____ pm

- Step One : Pour one 6 oz. bottle of SUPREP liquid into mixing container
- Step Two: Add cool drinking water to the 16 oz. Line on the container & mix.
- Step Three: **Drink all liquid in container.**
- Step Four: You **must** drink 2 more 16 oz. containers of water over the next hour.

Night before procedure _____ at _____ pm

- Repeat steps one through four using the other 6 oz. bottle.
- You must finish drinking last glass of liquid by 3 hours prior to arrival time for procedure.
- **Nothing by mouth after finishing the second dose**

****Nothing by mouth past midnight! ****