

(281) 762-6300

COLONOSCOPY PREP

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure. On the day of your procedure, _____, please arrive at the designated area at _____.
- Memorial Hermann Ambulatory Surgery Center (ASC)
- Methodist Sugar Land Hospital
- Sugar Land Surgical Hospital
- Because you will be receiving conscious sedation, please make arrangements for someone to be responsible for driving you home after your procedure.
- **Clear Liquids** permitted the day before your procedure: Broth, Boullion, Jell-o, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- **Medications the day of the Procedure**
 - If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a **small** sip of water. All other medication can be taken later in the day after the procedure.
 - For diabetic patients:

 - If you are on blood thinner medication:

Follow Recommended Prep Instructions

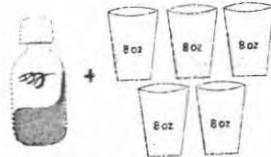
17510 West Grand Parkway South, Suite 350
Sugar Land, Texas 77479
(281) 762-6300

COLONOSCOPY PREP – Clenpiq

Step ONE

Afternoon Before Procedure @ 5:00 pm _____

- Drink the first bottle of Clenpiq
- Over the next hour drink 5 – 8oz glasses of water



Step TWO

Evening Before Procedure @ 10 :00 pm _____

- Drink the second bottle of Clenpiq
- Follow this with another 5 – 8oz glasses of water over the next hour.



Hydration is VERY important to a successful prep. You may continue with clear liquids until midnight.

***** NOTHING BY MOUTH AFTER MIDNIGHT UNLESS NOTED *****