

17510 West Grand Parkway South, Suite 350

Sugar Land, Texas 77479 281-762-6300

COLONOSCOPY PREP - SUPREP

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure. On the day of your procedure, _____, please arrive at the designated area at _____.
- Memorial Hermann Ft. Bend Hospital
- Methodist Sugar Land Hospital
- Sugar Land Surgical Hospital
- Because you will be receiving conscious sedation, please make arrangements for someone to be responsible for driving you home after your procedure.
- **Clear Liquids** permitted the day before your procedure: Broth, Boullion, Jello, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- **Medications the day of the Procedure**
 - If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a **small** sip of water. All other medication can be taken later in the day after the procedure.
 - For diabetic patients:

 - If you are on blood thinner medication:

NOTHING BY MOUTH AFTER MIDNIGHT



281-762-6300

SUPREP

Colon Prep

(Kit contains 2-6oz bottles and a mixing container)

Day before the procedure _____ at _____ pm

- **Step One** : Pour **one** 6 oz. bottle of SUPREP liquid into mixing container
- **Step Two**: Add cool drinking water to the 16 oz. line on the container & mix.
- **Step Three**: Drink this mixture.
- **Step Four**: You **must** drink 2 more 16 oz. containers of water over the next hour.

Day before the procedure _____ at _____ pm ○

Repeat steps one through four using the other 6 oz. bottle.

Nothing by mouth after midnight